

a few notes

Topic: Dance Party Friday



Daily Envision Employee Check-in

Hosted by Dr. Stefanie Simmons

It has been a journey since we started this daily employee check-in and we have enjoyed this journey every day. Today is our last Dance Party Friday as we begin to transition our daily employee check-in into weekly (Monday) employee check-ins.

This week the focus has been on understanding and applying the five elements of emotional intelligence: Self-Awareness, Self-Regulation, Motivation, Empathy, and Social Skills. These skills can help you succeed both inside and outside the office. So as you begin your weekend, start building these skills and dance on. Enjoy today's final Dance Party Tune - Sunshine of Your Love - Creme

Click here for related [Dance Party Tune](#) [Source](#)