

a few notes

Topic: Emotional Intelligence Part IV



Daily Envision Employee Check-in

Hosted by Dr. Stefanie Simmons

In today's employee check-in, we look at the final element of Emotional Intelligence - social skills. Leaders who do well in the social skills element of emotional intelligence are great communicators. They're just as open to hearing bad news as good news, and they're expert at getting their team to support them and be excited about a new mission or project. Leaders who have good social skills are also good at managing change and resolving conflicts diplomatically according to mindtools.com. Here are three things you can do to build your social skills: learn conflict resolution, improve your communication skills, and learn how to praise others.

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