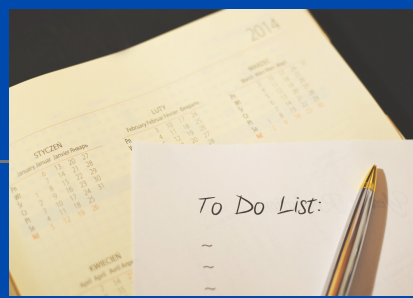
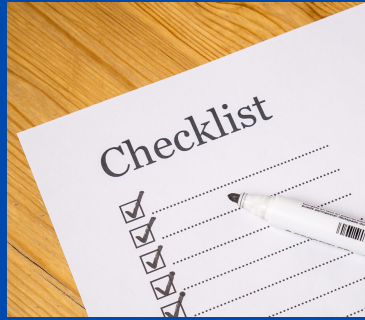


a few notes

Topic: To Do List



Daily Envision Employee Check-in

Hosted by Dr. Stefanie Simmons

Do you have a To Do List? Most of us have some form of a to do list that keeps us on track. In today's employee check-in, we look at an article from fastcompany.com on what happens when you replace your to do list with your love to do list. Intentionally scheduling activities you enjoy takes real discipline, but it results in you being more productive and creative. The idea is not to abandon your to do list but simply to replace some of your to do list items with love to do list items to bring more fulfillment in your life. What are you going to add to your love to do list today?

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