

Critical COVID + Patient Response
Checklist for the Doffing of PPE for the Procedualization of Patients with COVID-19 or PUI
NOT AN EMERGENCY...TAKE YOUR TIME

Task	Detail	✓	Comments
Preparation for Doffing PPE – Prior to moving from patient area into doffing area			
Identify a trained observer	Get attention of trained observer prior to entering doffing area	<input type="checkbox"/>	Take your time when doffing; this trained observer will read steps
Identify doffing area	2 chairs: dirty and clean	<input type="checkbox"/>	
	Areas to dispose of used PPE	<input type="checkbox"/>	
	Alcohol based hand sanitizer	<input type="checkbox"/>	
	Gloves	<input type="checkbox"/>	
Inspect PPE	For obvious signs of contamination or materials, if so disinfect the surface of the PPE with an EPA-designated disinfectant wipe (hereinafter <i>disinfect</i>)	<input type="checkbox"/>	
Disinfect outer gloves	<i>Disinfect</i>	<input type="checkbox"/>	
Doffing: move to the doffing area			
Disinfect outer gloves	<i>Disinfect</i>	<input type="checkbox"/>	
Remove outer apron (if used)	The assistant unties the strap <ul style="list-style-type: none"> - Remove apron by breaking the strap or lifting the strap over your head, rolling from the inside to outside and away from your body and discarding it - Once the apron is off, inspect your PPE for contamination, cuts, or tears. If you see your PPE has been compromised or if there are signs of contamination, <i>disinfect</i> 	<input type="checkbox"/>	
Disinfect outer gloves	<i>Disinfect</i>	<input type="checkbox"/>	
Remove boot covers	Sit in dirty chair in doffing area: <ul style="list-style-type: none"> - Don't touch one leg with the other - Grasp the outside of the boot or shoe cover and pull down toward your ankle - Lift the boot or shoe cover over your heel, pull it off your foot, and dispose 	<input type="checkbox"/>	Based on manufacturer instructions
Disinfect outer gloves	<i>Disinfect</i>	<input type="checkbox"/>	
Remove outer gloves	<ul style="list-style-type: none"> - Hold one of your wrists so that your thumb points to the ceiling - Pinch that glove and lift at the wrist, then roll it down until the glove is completely off your hand in a ball in the palm of the other hand 	<input type="checkbox"/>	Keys to note: <ol style="list-style-type: none"> 1. Don't contaminate or tear the inner glove 2. Don't snap the gloves which could cause spray

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	<ul style="list-style-type: none"> - Slide a finger down and inside the outer glove on the other hand and pull it off until it's balled around the first glove - Dispose 		
Inspect inner gloves	<p>If you do see a tear, hole, or signs of contamination of the inner gloves:</p> <ul style="list-style-type: none"> - <i>Disinfect</i> - Remove the inner gloves, making sure not to contaminate your bare hands - Once the gloves are off, perform hand hygiene with alcohol based hand rub on your hands - Put on a new set of gloves up to the edge of the coverall sleeve 	<input type="checkbox"/>	
<i>Disinfect inner gloves</i>	<i>Disinfect</i>	<input type="checkbox"/>	
Remove face shield	<ul style="list-style-type: none"> - Tilt your head forward slightly - Grab the strap at the temples and pull it forward and over your head, which will let the face shield fall from your face - Dispose 	<input type="checkbox"/>	
<i>Disinfect inner gloves</i>	<i>Disinfect</i>	<input type="checkbox"/>	
Remove surgical hood	<ul style="list-style-type: none"> - Tilt your head slightly - Grasp at the crown of the head, and use one hand to pull the hood forward, away from the body, and off the head - Dispose 	<input type="checkbox"/>	
<i>Disinfect inner gloves</i>	<i>Disinfect</i>	<input type="checkbox"/>	
Remove the gown	<ul style="list-style-type: none"> - Release the tie, then grasp the gown at the hip area, and pull the gown down and away from the sides of your body - Once the gown is off your shoulders, pull one arm at a time from the sleeves of the gown so that the gown arms are bunched at your wrists - Roll the exposed side of the gown inward until it's a tight ball - Dispose 	<input type="checkbox"/>	
Change inner gloves	<ul style="list-style-type: none"> - Disinfect gloves, remove and dispose - Perform hand hygiene, using alcohol based hand rub only - Put on a fresh pair of gloves 	<input type="checkbox"/>	Don't touch your face or any other exposed skin with your bare hands
Remove the N95	<ul style="list-style-type: none"> - Tilt your head forward - Use two hands to grab the bottom strap, pull to the sides, then over your head. - Next, use both hands to grab the upper strap, pull to the sides, then over your head. Keep tension on the upper strap as 	<input type="checkbox"/>	Don't touch the front of respirator

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	you remove it, which will let the mask fall forward - Dispose	<input type="checkbox"/>	
Disinfect inner gloves	<i>Disinfect</i>	<input type="checkbox"/>	
Disinfect your shoes	Sit down in the clean chair - Use the EPA-registered disinfectant wipes to thoroughly disinfect all the surfaces of your shoes, moving from top to bottom and including the soles. Be sure not to touch your ankles	<input type="checkbox"/>	
Disinfect inner gloves	<i>Disinfect</i>	<input type="checkbox"/>	
Remove and discard inner gloves	<ul style="list-style-type: none"> - Hold one of your wrists so that your thumb points to the ceiling - Pinch that glove and lift at the wrist, then roll it down until the glove is completely off your hand in a ball in the palm of the other hand - Slide a finger down and inside the outer glove on the other hand and pull it off until it's balled around the first glove - Dispose 	<input type="checkbox"/>	Keys to note: <ol style="list-style-type: none"> 1. Don't contaminate or tear the inner glove 2. Don't snap the gloves which could cause spray <p>Once your gloves are off, it's very important that you don't touch your face, any exposed skin, or any surface in the room</p>
Perform hand hygiene		<input type="checkbox"/>	
Review body for contaminants		<input type="checkbox"/>	
Exit the doffing area		<input type="checkbox"/>	

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