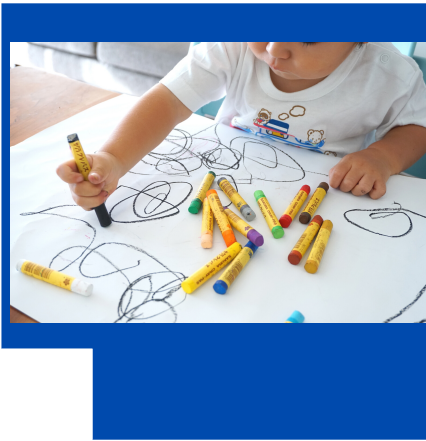


a few notes

Topic: Talking to your kids about the Coronavirus disease



Daily Envision Employee Check-in Hosted by Dr. Stefanie Simmons

As public conversation around coronavirus disease increase, children worry about themselves, their family, and friends getting ill with COVID-19. Here are some general principles for talking to your kids. Remain calm and reassuring. Remember kids react both to what you say and how you say it. Listen. Make time to talk. Provide honest information. Give children information that is truthful. And teach them to take actions by washing their hands and sneezing into tissue or their elbow.

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